

DON'T FORGET TO SIGN UP! SIGN UP BOOK IS LOCATED IN 2ND FL LOBBY!

#### MARCH OUTINGS

3/7 Men's Outing

3/14 Shopping-Publix

3/21 Picnic in the Park

3/28 Shopping – Dollar Tree/

**Bealls Outlet** 

# March Birthdays

March 3 Ellie Keithly

March 7 Pat Riley

March 11 Vilia Terrill

March 15 Betty Kennedy

March 17 Irene Muench

March 17 Pat Patterson

March 18 Claire Malpass

March 29 Amos Green



First Sunday @ 4 pm

1st Presb. Church/Communion

(Auditorium)

Sundays @ 2pm

Worship w/ Chaplain Glenn

(Auditorium)

Tuesdays @ 9:30am

"Bible Connections"

Tuesdays @ 10 am

**Door-Door Communion** 

Tuesdays @ 2 pm

"Connect, Grow, Thrive in the Scriptures"

(Jacaranda)

Wednesdays @ 10:30 am

**Catholic Service** 

(Jacaranda/ except monthly Mass in the

Auditorium)

2nd Thursday@ 1:30 pm

1st Methodist Church
(Jacaranda)





Where Loving-Kindness Lives



March, 2024



#### MARCH IS ...

- ♦ SOCIAL WORKERS MONTH
- REGISTERED DIETICIAN MONTH
- NUTRITION MONTH
- ♦ WOMEN'S HISTORY MONTH

3/10 Daylight Savings

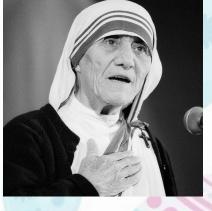
3/17 St. Patricks Day

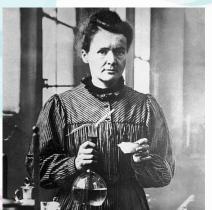
3/19 **Spring** Begins

3/24 Palm Sunday

3/29 Good Friday

3/31 Easter















- Music with Steve Hightower
  - Irish Coffee



March 13th 2:30PM

3rd floor





Chaplain Glenn!

Good Friday Service "Remembering the Cross"

**Easter Service** "Rejoicing in the Resurreection"



#### **Acacia Store**

We are setting up shop again! Come spend your "Acacia Dollars" that you received over the last few months. Acacia dollars are earned as prizes for Bingo, Pokeno, and sometimes "Just Because." If you don't have any Acacia dollars, join in one of our games this month to win!



Craving some fresh fruit?

Come to our Farmer's Market and purchase some! We will be set up in the 2nd floor lobby from

11:00-12:00PM.

\*Cash only\*

Wednesday March 6th

Piano Concert with Cathy Good



March 26th @ 2:00PM Auditorium



The weather is warming up and we want to take advantage of it!

Over the next couple months, we will be going to one of the local parks for a picnic lunch. Sign up for one of the outings in the book on 2nd floor or talk to Terra or Shelly in Activities!



Join Cindy & Bryan for a one time, Live, Bingo Game! They are traveling from New York for this special event!

Prizes will be awarded!

March 25th 10:00am



Mease Life Oaks Residents and the Wellness Team are headed to Boca Raton! They will compete in a variety of different events over the course of 2 days. OlympiActs was created as a friendly competition for



Acts communities to compete against one another in different events. Root them on from afar as they try to bring home medals for Mease Life's 1st year in the competition!

GO UNICORNS!

Pictured: Mascot Trina!



## Quilts of Valor® Quilts = Healing!

#### What is a Quilt of Valor?

A Quilt of Valor® (QOV) is a quality, handmade quilt that is machine or hand quilted. It is awarded to a Service Member or Veteran who has been touched by war. The Quilt says unequivocally, "Thank you for your service and sacrifice in serving our nation."

Join us as we honor some of our Vietnam Veterans on March 29th at 10:00am in the Lounge



### The Acacia at Mease Life Activities Calendar - March 2024

Activity Dates, Times & Locations Are Subject to Change

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Music Programs Outings Special Events Exercise/Wellness Meetings Spiritual Programs	L - 1st Floor Lounge A - Auditorium W - Wellness Center J - Jacaranda DR - Dining Room F - Front Circle Drive	2- 2nd floor Lobby 3- 3rd floor Lobby 2A- 2nd fl A wing Dining 3B- 3rd fl B wing room P- Poolside	**		9:30 Coffee & 1  Conversation (3)  10:00 Fitness Fun (3)  2:00 Manicures (3)  3:00 Karaoke w/ Shelly(3)	10:00 Noodleball (3) 2:00 Bridge Group (2A)
3:00 Pokeno (3) 4:00 Presbyterian Service (A)	9:30 Brain Fitness (3) 4 10:00 Weight Training & Balance/Trina (3) 1:00 Poker (H) 2:30 Kreative Ceramics(3) 6:30 Bingo (A)	9:30 Bible Connections(3) 5 10:30 Flex & Stretch/     Janine(3) 1:30 Bingo (3) 2:00 Connect,Grow,Thrive     In the Scriptures (J) 3:00 Keyboard Music w/     David (2)	9:30 Morning Stroll 10:00 Body & Brain (3) 10:30 Catholic Service (J) 11:00 Farmer's Market (2) 1:45 Bowling (3) 2:30 Music with Paul (3)	11:00 Men's Outing 1:30 Wii Bowling (3) 2:30 Happy Hour w/	9:30 Fitness Fun (3) 8 10:15 Resident Council (3) 1:30 Armchair Travel:	10:00 Noodleball(3) 2:00 Bridge Group (2A)
DAYLIGHT SAVINGS 10 2:00 Worship Service (A) 3:00 Pokeno (3)	9:30 Brain Fitness (3) 11 10:00 Weight Training & Balance/Trina (3) 1:00 Poker (H) 2:30 Birthday Party w/ Diane Starr (3) 6:30 Bingo (A)	9:30 Bible Connections(3) <sub>12</sub> 10:30 Flex & Stretch/ Janine (3) 1:30 Bingo (3) 2:00 Connect,Grow,Thrive In the Scriptures (J) 3:00 Keyboard Music w/ David (2)	9:30 Morning Stroll 10:00 Yoga/Janine (W) 10:30 Catholic Service (J) 10:30 Balance/Trina (3) 2:00 Cooking Demo (A) 2:30 Whistles & Strings w/Steve (3)	10:30 Cardio/Janine (3) 1:30 Storytime/Lillian (3B) 1:30 Methodist Service (J) 2:00 St. Patricks Day	9:30 Fitness Fun (3) 15 10:00 "Eat your Greens"/ Food Committee (3) 1:30 Wii Bowling (3) 2:30 Cocktail Hour w/ Steve Walker (3)	10:00 Noodleball (3)  1:00 Countryside  Christian Crafts (J)  2:00 Bridge Group (2A)
2:00 Worship Service (A) 3:00 Pokeno (3)	9:30 Brain Fitness (3) 10:00 Weight Training & Balance/Trina (3) 1:00 Poker (H) 2:00 Rummikub (3) 2:30 Block Party(2B) 6:30 Bingo (A)	9:30 Bible Connections(3) <sub>19</sub> 10:30 Flex & Stretch/ Janine (3) 2:00 Let's Talk w/ Kent (3) 2:00 Connect,Grow,Thrive In the Scriptures (J) 3:00 Keyboard Music w/ David (2)	9:30 Morning Stroll 10:00 Yoga/Janine (W) 10:30 Catholic Mass (A) 10:30 Balance/Trina (3) 1:30 Mexican Train (3B) 2:30 Men's Group (2A) 2:30 Book Club (3) 4:00 Celebrate Purim (L) 5:00 Birthday Dinner (PDR)	10:30 Cardio/Janine (3) 11:00 Picnic in the Park	9:30 Fitness Fun (3) 22 10:30 Springtime Jingo (3) 1:30 Trivia Time (3) 2:30 Happy Hour w/ Jack & Josie (3)	10:00 Noodleball (3) 2 2:00 Bridge Group (2A)
2:00 Worship Service (A) 3:00 Pokeno (3)	9:30 Brain Fitness (3) 25 10:00 Music Bingo w/	9:30 Bible Connections(3) <sub>26</sub> 10:30 Flex & Stretch/ Janine(3) 1:30 Bingo (3) 2:00 Connect,Grow,Thrive In the Scriptures (J) 2:00 Piano Concert w/ Cathy Good (A)	9:30 Morning Stroll 27 10:00 Yoga/Janine (W) 10:30 Catholic Service (J) 10:30 Balance/Trina (3) 2:30 Low Vision Group(J) 2:30 Trivia Time (3)	10:30 Cardio/Janine (3) 1:30 Storytime/Lillian (3B)	GOOD FRIDAY 29 9:30 Fitness Fun (3) 10:00 Quilts of Valor(L) 2:00 "Remembering the Cross" Worship (A) 2:30 Rootbeer Float Social (3)	10:00 Noodleball (3) 3 2:00 Bridge Group (2A)